



FORUM FITNESS CENTER

2012 Get Fit Challenge

Participation Fee

Forum Member: \$25
Forum Non-Member: \$85 (includes 3 month pass)

Challenge Dates

Begin: January 2, 2012 End: April 3, 2012

Initial Weigh-In Dates & Times

January 2, 2012: 8am-10am, 12pm-1pm, 4pm-8pm
January 3, 2012: 8am-10am, 12pm-1pm, 4pm-8pm

Final Weigh-In Dates & Times

April 2, 2012: 8am-10am, 12pm-1pm, 4pm-8pm
April 3, 2012: 8am-10am, 12pm-1pm, 4pm-8pm

(Weigh-In will be conducted at the Forum by a staff member and will be confidential!)

****T-shirt will be given to each participant at final weigh-in****

GRAND PRIZE

1 Year Annual Membership to the Forum Fitness Center

(Winner will be determined by total percent of weight loss during the challenge)

Please fill out Registration Form on the back of this sheet to participate.

